



An Inner Vision Workshop:

# INTIMACY EXPLORED



## Do you long for deeper intimate connection?

What does intimacy mean to you? What are the unconscious patterns that keep you in separation, avoiding the depth of emotional and physical connection that you long for with your lovers, friends, parents or children?

This series offers an opportunity to explore and heal, in a safe and gentle group environment, your own personal relationship to intimacy.



The group will be led by Natasha Edney. Natasha has 16 years experience in the field, including her work as a transpersonal psychotherapist, somatic trauma resolution therapist, bereavement counsellor and group/workshop facilitator.

**WHEN:** A six week series, Monday Evenings 6:30pm to 9:00pm  
Starts April 3rd

**WHERE:** Kalein Hospice, Nelson

**INVESTMENT:** \$200 (Early bird - first 4 registrants, \$175)

**INFORMATION &** Natasha, 250-354-3630

**REGISTRATION:** [healyourheart.natasha@gmail.com](mailto:healyourheart.natasha@gmail.com)