

Members' Social and Activity Schedule 7th- 13th December 2020

 SportsAble™	Activity	Time	Location	Staff Booking Contact
Monday 7th November	Target Air Gun Shooting	4-8pm	Main Hall	niall.mccaffrey@sportsable.co.uk
Tuesday 8th November	Exercise with Anisha	7:15 – 8:15pm	Zoom	No booking required https://us02web.zoom.us/j/86990956321
	Table Tennis	7-9pm	New Hall	niall.mccaffrey@sportsable.co.uk
Wednesday 9th November	Archery	5-8pm	Main Hall	niall.mccaffrey@sportsable.co.uk
Thursday 10th November	Target Air Gun Shooting	1-3pm	Main Hall	niall.mccaffrey@sportsable.co.uk
	Quiz Night	7:30-9pm	Zoom	niall.mccaffrey@sportsable.co.uk
Friday 11th November	Fitness with Damian	10:30-11:45am	Zoom	damian.ng@sportsable.co.uk
	Short Mat Bowls & New Age Kurling	7-9pm	Main Hall	niall.mccaffrey@sportsable.co.uk
Saturday 12th November	Archery	10am-1pm	Main Hall	niall.mccaffrey@sportsable.co.uk
	Swimming	3-4:30pm	Braywick Leisure Centre	sharon.bridge@sportsable.co.uk
Sunday 13th November	No activities	<i>For session details, booking information and T&Cs please contact the sports staff at sports@sportsable.co.uk or call the office on 01628 627690</i> <i>For general enquiries please contact the office at info@sportsable.co.uk</i>		